

NASHVILLE MISSION TRIP 2023

YOUTH LEADERS AND EMERGENCY CONTACT INFO

1.	Rachel Eriks	616-403-4317	CSM City Host	
2.	Bronson Swan	616-477-7507	Julia Elzinga	615-974-5164
3.	Kim Verbrugge	616-238-2515		
4.	Jeremy Zoet	616-886-1620		

Housing Site:

Mckendree United Methodist Church: 523 Church St., Nashville, TN 37219

-Sleeping on Twin Mattresses on the floor (or you can bring a twin air mattress and put it on top of twin mattress (floor space in housing is limited)

-Showers are across the parking garage connected to the church at their Christian Life Center building. There are 4 showers per gender with bathrooms, sinks, and changing space available. Showers will be limited to 5 minutes per person.

-Church has Air Conditioning. We will also bring a few church fans. You can bring a small one too if you'd like.

CSM Dress Code

Bring clothes that are comfortable to work in and you do not mind getting dirty.

Pants and closed toed shoes are required at many of our ministry sites. At some sites you may wear **shorts, but they must be fingertip length.**

No tank tops or sleeveless shirts.

Leggings are not pants.

One long sleeved shirt is recommended for yard work.

Dress code mainly applies to when we leave the church building. They are more open/flexible about what you wear when we are having out at the church and sleeping. The dress code is to avoid catching unwanted attention from strangers and for safety.

VEHICLES - One 15 passenger van and Church Trailer

Nashville is in Central Time Zone - they are one hour behind us

SUNDAY:

Be at Zion at 6:30 AM, Sunday, June 11.

- Wear your Nashville T-Shirt for group photo
- We will stop for a late breakfast and a late lunch while traveling
- 4:00-5:00 pm Arrive at CSM Housing Site
- 5:30 pm Pizza Dinner
- 6:00 pm Leaders Meeting
- 7:00 pm Group Orientation, Rules/Expectations
- 8:45-9 pm Group Discussion
- 10-10:30 pm Quiet Time
- 10:30 pm Lights Out

Monday - Thursday

- 7:00 am Breakfast and Pack Lunch
- 8:00 am Devotions
- 9:00 am Depart for ministry sites
- 9:30 am - 12:30 Morning ministry site
- 12:30 pm Lunch
- 2:00-5:00 Afternoon ministry site
- 5:30-6:30 pm Dinner at different ethnic restaurants each day
- 7 pm Evenings: Group Debrief, Monday: Free, Tuesday: Theology Talk, Wednesday: Free, Thursday: Full Campus Worship + Zion Journal & Share Time

Friday

- 8:00 am Breakfast
- 8:30 am Pack & Clean
- 9:00 am Evaluations
- 9:30 am Pray and Depart
- Lunch & Dinner on the road
- 8:30 pm-ish - Return to Zion

Money:

Students will need to **bring money for eating on the road (I suggest \$50-60)**. Students will be responsible for keeping track of their money all week. You can also bring **additional money** for getting snacks or souvenirs. Jeremy will likely buy the group ice cream and stuff like that if we go out during any free time during the evening.

Commissioning Service-

Sunday, May 28, the students and leaders that are going on the mission trip will be commissioned during morning worship at the 9:30 am service. Students will sit in the front rows together and will be presented as a group. **Wear your mission trip t-shirt.**
*****If you can't be there May 28, that's okay, just let Jeremy know.*****

PreTrip Devotions-

You must read all devotions, pray for the person who wrote it, and text them that you prayed for them. If you miss a day, then get caught up and text them the day you catch up. You must have texted everyone that you prayed for them before you get in the van to leave. Devotional Packet Link will be coming soon.

Shareholders -

One of the ways we fund our mission trips and keep the church connected to the youth program is through our shareholder's program. People from our church purchase shares for \$40 (some give as much as \$1,000). That money is used to subsidize the cost of the trip for all students. We raised over \$4,000 through this program this year.

Shareholders then receive 5 things from us.

1. A Student info card for their refrigerator.
2. A phone call (or face to face conversation) from a student before we leave.
3. A postcard from the same student during the trip.
4. An invitation to the shareholder lunch after the trip to talk with students during dessert.
5. Our pre-trip devotional packet.

More Shareholder Information will be sent soon. A lot of people signed up this year. Students might have 5 shareholders.

Mission Emphasis Sunday-

On Sunday, July 23 the youth will share about their mission trip experience in the morning worship service and some students will have an opportunity to preach mini-sermons if they would like. **Wear your Nashville T-shirts. Attendance is mandatory.**

Shareholder lunch -

Sunday, July 23 directly following the mission emphasis service we will have a lunch in the basement for the shareholders, you, and your family. **Each student is expected to bring a 9X13 equivalent salad and dessert.** This meal is to thank your shareholder for supporting you. When the dessert is served students are to sit with their shareholder to tell them about the trip. **Attendance is mandatory.**

**Ministry Sites we MIGHT be serving at:
(be ready to be flexible, these are not guaranteed and can change)**

Preston Taylor Ministries

Preston Taylor Ministries (PTM) is an after school/summer program for the West Nashville community. PTM was founded in 1998 to confront many of the problems present in the Preston Taylor public housing area, including problems like drug use, gang involvement, teenage pregnancy, illiteracy, poor school performance and crime. To provide hope for children and families living in this environment, PTM sponsors several avenues for building life-changing relationships including tutoring, mentoring and fun events. They have multiple locations that we serve each week! PTM is an organization that promotes joy-filled friendships and God inspired dreams. They provide opportunities and teach their students what it looks like to dream and be goal-oriented.

Loaves & Fishes

Loaves and Fishes is affiliated with the Holy Name Catholic Church and serves individuals who are homeless and or in need. Hot meals are served each Monday, Wednesday, and Saturday from 11:30-12:30. In addition to meals, Loaves and Fishes offers a Primary Health Care Clinic. CSM groups will help prepare the meals, serve food, clean the center, wash dishes, and interact with the guests. Everyone should take advantage of the opportunity to interact with the guests. Many of them have amazing stories.

Project Cure

Project C.U.R.E. delivers life-saving medical supplies and equipment that are procured from donors to the needy people in almost 100 different countries including North Korea, Cuba, China, Russia, Vietnam, numerous countries in Africa and South America and nearly every nation in Central Asia. CSM groups help collect, sort, and prepare medical equipment for shipment.

Giving Garden

The Giving Garden was started by a few members of Franklin First UMC in 2009. What started as a pumpkin patch has grown into a five-acre (and expanding) operation that produces a wide variety of produce and is managed and staffed only by volunteers. Since 2010, The Giving Garden has regularly distributed more than 40,000 pounds (that's over 20 tons) of produce each year. All produce is donated and delivered to partner organizations. Through these partnerships, The Giving Garden is able to feed hundreds of people in the local community who may not otherwise have access to healthy produce. Teams will be assisting with the garden in a number of ways.

Tennessee Environmental Council

Educating and advocating for the conservation and improvement of Tennessee's environment, communities, and public health since 1970. Tennessee is one of the most biodiverse inland states in the nation. Our natural resources form the backbone of our economy, quality of life and heritage. For over forty years, the Council has been working to protect the environment in Tennessee. The group will help with a tree planting project around the Harpeth River.

Packing List

High School Mission Trip 2023

Things to bring:

- Bed sheets/blanket (or sleeping bag)
- Pillow
- Shower Towel
- Toiletries (Bathroom stuff)
- Clothes for 5 days (See CSM Dress Code about shorts length & no leggings, no tank tops)
- At least 1 pair of long pants (not leggings or yoga pants) and at least 1 long sleeved top
- Good walking shoes
- Pen or Pencil
- Bible
- Refillable Water bottle
- Travel meal money & money for snacks/souvenirs
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

Optional Items:

- Snacks/Drinks
- Backpack/daypack
- Sun Screen
- Shower shoes (cheap flip flops)
- Hat (for serving food if that is an option over hairnets)
- Small fan
- Chargers
- Extension cords/surge protectors
- Games/Cards for Freetime
- Spending Money if you want to buy extra snacks, souvenirs, or CSM T-shirts (\$15)
- _____
- _____
- _____

Things not to bring:

Drugs, tobacco, alcohol, knives, weapons of any kind.
Valuables