

Packing List

High School Mission Trip 2019

Things to bring:

- Work Gloves (Important!)
- Fitted bed sheet/flat sheet/blanket or sleeping bag
- Optional Air Mattress (they provide one)
- Pillow
- Towel
- Toiletries (Bathroom stuff)
- Clothes for 7 days (including sleepwear)
- Good walking/working shoes
- Pen
- Bible
- Water bottle
- Swim Suit (one piece or tank)
- Beach Towel
- Sun Screen
- Painting/work clothes
- Old shoes (for painting)
- Flip Flops (for the shower)
- Bug Spray
- Flashlight
- Small Bag/Backpack with everything you would need for the first night (so that you don't have to take a huge bag into the hotel)
- _____
- _____
- _____

Optional Items:

- Snacks/Drinks
- Small fan
- Camera/Cell Phone (phones are not allowed to be used during the day at ministry sites)
- Chargers
- Extension cords/surge protectors
- Games/Cards/Balls for Freetime
- Spending Money if you want to buy extra snacks or souvenirs
- Medications
- Sunglasses
- Retainer
- _____
- _____

Things not to bring:

Drugs, tobacco/vapes, alcohol, energy drinks